



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, FEBRUARY 24, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 24th day of February 2017 in the meeting Room 200 of the Cleveland County Office Building by Tammy Belinson, County Clerk/Secretary. Roll was called and those present were:

Those present were: Tammy Belinson, Doug Warr, Jacob McHughes, Bryan Jenkins, Alison Vinson, Brian Wint, Brenda Hill and George Mauldin.

Those absent were: John Roberts, Bryant Rains and Christina Newburg.

Ex-officio members present: Linda Atkins, Sarita Scott, Brittany Marshall, Jennifer Slawson and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **January 27, 2017** and there being no additions or corrections, Brian Wint moved, seconded by Brenda Hill, that the minutes be **approved**.

The vote was: Tammy Belinson, yes; Doug Warr, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

A. Items of Business:

1. Following a brief discussion, Tammy Belinson moved to **elect** Rod Cleveland as **Chairman for 2017**. Doug Warr seconded the motion.
The vote was: Tammy Belinson, yes; Doug Warr, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.
Motion carried.
2. Jacob McHughes moved to **elect** Tammy Belinson as **Vice- Chairman for 2017**. Brian Wint seconded the motion.

The vote was: Tammy Belinson, yes; Doug Warr, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.

Motion carried.

3. Brian Wint said that Todd Gibson told him that the rowing machine and the climber are on order for the **County Wellness Gym Facility**. He said the electrical wiring is ready for connection to the 911 Phones. Brian Wint said that they moved the Defibrillator closer to the gym and suggested sending a link to teach people to work the machine.
4. **George Mauldin**, Emergency Management Director, discussed conducting more CPR Classes for the County in response to an inquiry made by Brenda Hill, OSU Extension Director; whose concern is to have more people trained to do CPR in her office. George Mauldin said that he will go there and teach a four-hour class. The County Election Board and the Fairgrounds have had training. The classes consist of eight people at one time. He said the presentation has changed some with new videos.
5. Meredith Rowland, NP, had no new updates to present on the **Employee Health Clinic**.

B. No new business was presented to the Board for discussion.

C. During Wellness Committee Members discussion about business, Tammy Belinson said the employees are responding well to the Body Scans. She recommended, since April 30, 2017 is the deadline, that everyone remind their co-workers to get scheduled for a Body Scan.

Jacob McHughes said that he spoke with John Woods and he has agreed to come to a meeting. Mr. Woods is the executive director of TSet, who has spoken favorably about Cleveland County's Wellness Program. Jacob McHughes asked that the Committee plan an impressive program for his visit.

After a brief discussion, some suggested doing a tour of the Gym Facilities and the Employee Health Clinic.

Jacob McHughes said that a date and time has not been set at this time. There is still time to collectively put something together.

- D. There being no further business to come before the Board, at approximately 9:18 am, Brian Wint moved, seconded by Jacob McHughes, that the meeting be **adjourned**.
The vote was: Tammy Belinson, yes; Doug Warr, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; Brenda Hill, yes; George Mauldin, yes.
Motion carried.

(Clerk's Note: Agenda posted on February 22, 2017 @ 2:06 pm.)

Cleveland County Wellness Committee
CLEVELAND COUNTY, OKLAHOMA

Absent
Harold Haralson, Chairman
Red Cleveland

ATTEST:

Tammy Belinson
Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by: Linda Atkins
Deputy County Clerk

